

**BUHL CLUB
COVID-19 RESPONSE & REOPEN PLAN
Updated 6.5.20**

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GENERAL GUIDELINES AND RECOMMENDATIONS

We at the Buhl Club are committed to keeping our members, our program participants, and our staff safe during the current public health crisis from COVID-19. To safely resume operations, programming, and usage of the facility, the leadership team created a plan for reopening the center.

We have created new systems, new procedures, and implemented new tools that will best protect our patrons. We appreciate the eagerness to return to normal operations as we are firm believers that exercising, socialization, and being active is imperative for people to stay healthy.

The contents of this document have been compiled using recommendations from the Center for Disease Control (CDC), PA Department of Health, and the Department of Human Services (DHS), as well as the input from our staff over the course of several weeks.

Staff contributors: Michelle Bower (Program Director), Kelly Caruso-Herbert (Childcare Director), Chuck Dunkerley (Aquatics Director), Krista Redick (Wellness Specialist), Juanita Maykowski (Office Manager), and Jason Kmick (Executive Director).

As of June 5, 2020, Mercer County is considered to be the Green Phase for reopening. There are specific steps we are taking and asking that you take as a participant. Opening safely and adequately will be a team effort between our staff and members.

It is our intention with this plan to open effectively and gradually work towards staying open and preparing for the eventual return to normal operations. Again, we need you to help to keep the facility safe so that we do not experience an unfortunate circumstance that required us to close, forcing us to start all over again. We will need your help in keeping our facility safe. With that said, we will begin with the basics:

The CDC recommends following the precautionary measures and guidelines below, helping keep you healthy and prevent the spread of the virus:

- Wash your hands with soap and water for at least 20 seconds.
- Use an alcohol-based sanitizer.
- Keep away from others that are sick.
- Clean and disinfect objects and surfaces you come into contact with often.
- Avoid travel to destinations where the outbreak is prevalent.

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NEW OPERATIONAL PROCEDURES FOR BUHL CLUB STAFF

To best manage the safety and security of our members and staff, we have adopted new policies procedures specific to operating the facility. Under the unique circumstances, the staff will work under the following adjusted methods to ensure safety for all that use the center; the team will:

- Appoint a COVID-19 response coordinator, before opening, to manage and enforce all aspects of the response plan.
- Continue to follow CDC recommendations to maintain a clear understanding of quarantine behaviors, best practices, and implement changes quickly.
- Continue to participate in online webinars with industry leaders to evaluate what is working for open centers and what issues have arisen, and adjust accordingly.
- Staff will have their temperatures checked every day before reporting to work and will be required to answer a COVID-19 health screening questionnaire. All results will be documented.
- All staff will be required to wear masks all times during hours of operation.
- Wash hands frequently and wear gloves when appropriate.
- Adhere to Social Distancing Guidelines (specifically, staying 6 feet away from others when entering a shared space. Markers and signage are located throughout the facility and must be followed at all times.
- Know club capacity restrictions (if any) and monitor for any groupings of more than 8 people.
- Will not share offices or be in enclosed spaces within 6 feet of each other.
- Pre-use and post-use wipe down a protocol on office equipment.
- Strategic scheduling will be implemented, monitored, and adjusted to maximize social distancing measures.
- A strict stay-at-home policy effective immediately for any employee exhibiting symptoms: fever, cough, sore throat, shortness of breath OR if they have been in close contact with a person or child testing positive for COVID-19.
- Mandatory reporting in place for any staff with confirmed or potential COVID-19 infection.

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- The Buhl Child Development Center is implementing return to work policies given by the DOH Guidance for Health Care Personnel. Most importantly, staff or children with COVID-19 must be isolated for a minimum of 7 days after symptom onset and 72 hours after their fever resolves without fever-reducing medicines. For example, if the fever and symptoms resolve on day 7, the staff can return on day 10.
- Staff with household contacts with adults or children with COVID-19 must be quarantined for 14 days after their last household exposure. For most, this will be 14 days after the household contact with COVID-19 is released from isolation.

PROTOCOLS ESTABLISHED FOR EXECUTION UPON DISCOVERY OF COVID-19 EXPOSURE

The following protocols will be executed upon discovery that the Buhl Club has been exposed to a person who is a probable or confirmed case of COVID19.

- A. Close off areas visited by the person who is a probable or confirmed case of COVID-19.
- B. Open outside doors and windows and use ventilation fans to increase air circulation in the area.
- C. Wait a minimum of 24 hours, or as long as practical, before beginning cleaning and disinfection. Cleaning staff should clean and disinfect all areas such as offices, bathrooms, common areas including but not limited to employee break rooms, conference or training rooms and dining facilities, shared electronic equipment like tablets, touch screens, keyboards, remote controls, and ATM machines used by the ill person, focusing especially on frequently touched areas.
- D. Identify employees that were in close contact (within about 6 feet for about 10 minutes) with a person with a probable or confirmed case of COVID-19 from the period 48 hours before symptom onset to the time at which the patient isolated;
 - a. If the employee remains asymptomatic, the employee will adhere to the practices set out by the CDC in its April 8, 2020 Interim Guidance for Implementing Safety Practice for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19. (see addendum)
 - b. If the employee becomes sick during the work day, the employee will be sent home immediately.
 - c. Surfaces in the employee's workspace will be cleaned and disinfected.
 - d. A compiled list will be developed of information on other employees who had contact with the ill employee during the time the employee had symptoms 3 and 48 hours prior to symptoms.
 - e. Others at the workplace with close contact within 6 feet of the employee during this time would be considered exposed;
 - i. Promptly notify employees who were close contacts of any known exposure to COVID-19 at the business premises, consistent with applicable confidentiality laws.
- E. Insure that we have a sufficient number of employees to perform the above protocols effectively and timely.

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CLEANING & SANITATION PROTOCOLS

We understand and appreciate the critical importance of cleaning and sanitizing the facility and equipment. Much progress has been made during the shutdown to complete a deep cleaning of the center. These efforts are a good start, but as the usage of the building resumes, cleaning, and sanitizing will be required hourly.

To effectively maintain the pace needed to keep the facility clean and sanitized, we have added responsibility for cleaning and sanitizing for all staff. We have also signed several new agreements with professional companies that will support or cleaning and sanitation as well as keep us stocked up on essential cleaning supplies.

To open safely and effectively and to remain open without incident, we expect our patrons to help and assist the staff with cleaning and sanitation efforts. The Buhl Club will provide all the necessary supplies. As a part of successfully achieving this plan, we will need help from our patrons to clean and sanitize their area after usage of the facility and equipment. Here are the steps we are taking:

- Stocked with 60-day supply of cleaning supplies and hand sanitizer approved by the CDC with a new policy not to ever drop below 30-days of supply inventory.
- Increase hand sanitizer dispensers, which are now available throughout the facility whenever provisions are available.
- Gloves and masks will be readily accessible for patrons that do not have their own.
- All members entering the facility will be given their own bottle of sanitizing solution and a hand towel to use before and after usage of equipment.
- Pre-use and post-use wipe down on all equipment, as well as updating member processes to educate on cleaning and sanitation.
- Detailed in-depth and frequent cleaning checklist, amenities in use will be cleaned thoroughly with CDC approved products, including equipment and all surfaces during staffed hours.
- Wiping down machines, surfaces, and disinfecting thoroughly, multiple times a day.
- Bathrooms cleaned frequently during staffed hours.
- Water fountains for refilling water bottles only.

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MEMBER AND PROGRAM PARTICIPANT EXPECTATIONS

FIRST AND FOREMOST – if you are sick or not feeling well, PLEASE STAY HOME! Any reports of a positive test of our staff or member that used the facility will cause our operations to be halted and could cause the facility to be closed for a longer unknown period of time. We ask that anyone in our facility be respectful and follow the procedures so that we did not contribute to any further spread of the virus.

Information on the virus and reopening business is fluid. We expect information to continue, which may include regulations and requirements of patrons and staff for recreation centers passed down by state or local authorities. If that occurs, we (the staff) will adhere to those regulations and require our members using our facility to adhere to them as well. Until then, the staff, with extensive research, have compiled a list of new membership policies.

Safety Precautions and Updated Member Code of Contact

- All patrons of the facility will be required to sign an amendment to the current membership waiver before using the facility (attached).
- All members entering the building will have their temperature checked with a contactless device and complete a COVID-19 screening.
- Gloves and masks are available upon request. Members will be required to use hand sanitizer upon entering & exiting the building.
- All members will be required to wash hands before and after a workout.
- No equipment sharing or contact training will be permitted.
- Areas of the facility that cannot be used safely to social distance will remain closed;
 - This includes racquetball/handball courts, shower areas, steam room, and sauna.
- Strict adherence to CDC distancing guidelines, maintaining 6 feet of distance in all gym activities, and scheduling the use of equipment in regards to social distancing guidelines will be monitored and enforced if necessary.
- Social distancing signage and floor markers in place to help our members maintain safety; please follow all floor directional signs.
- Floor plans have been updated with social distancing directional indicators. The floor plans are available on our website www.buhlclub.org.

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ENTRANCE AND EXIT POLICY AND PROCEDURES

Entry to the facility is based on the location of the class. Follow all social distancing signage and floor markers no matter which entrance or exit you use.

- ***Group Fitness, Youth Sports, and Dance classes held in the Gymnasium, Cycle Room, Aerobic Room, and Dance Studio:***
 - Entrance is through the front entrance and exit is out the gymnasium doors.
 - Parents must wait in their cars to pick up their children after class at the gymnasium doors.
- ***Pool Classes:***
 - Entrance is through the front entrance and exit is out the front entrance.
 - Parents must wait in their cars to pick up their children after class either at the gymnasium door or front entrance.
- ***Stem/Steam/Art Classes:***
 - Entrance is through the front entrance and exit is out the front entrance.
 - Parents must wait in their cars to pick up their children after class at the front entrance.
- ***Gymnastics Classes:***
 - Entrance is through the front entrance and exit is out the gymnasium doors.
 - Parents must wait in their cars to pick up their children after class at the gymnasium doors.

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RESERVATION POLICY AND PROCEDURE

- Members with access to the internet will be encouraged to set up a Buhl Club account through Club Automation to make a class reservation, lap lane reservation, and Wellness Center fitness reservation. Instructional videos on setting up an account will be made available through social media and www.buhlclub.org. Members may also call our Member Services to make a reservation.
- Reservations can be made 24 hours in advance.
- Please cancel reservations at least 6 hours in advance so the spot can be filled.
- Reservations are considered a no show if more than 10 minutes late.
- After three no shows, the patron will lose the ability to make reservations for three weeks.

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PROGRAM GUIDELINES AND PROCEDURES

As we move toward reopening, we have decided to limit the number of programs offered until the situation stabilizes, and we can safely incorporate more participants per program. Throughout the description of procedures for the following programs, we will see limits. Again, this is to ensure the safety for all and allow time for staff to make adjustments under the current circumstances.

BUHL CHILD DEVELOPMENT CENTER – CHILDCARE AND SUMMER CAMP

The following procedures refer specifically to our childcare center, with some overlap with general policies. The childcare center will open on May 26, 2020. Summer camp will begin on June 8, 2020. These recommendations will also serve as our guide for conducting all youth programming:

Daily Health Checks for Children and Staff

- All staff, children, and families' health will be assessed before accessing the child care space;
- Take the temperature of all children and staff at check-in. No-touch methods are preferred to reduce contact, a fever for this screening is $\geq 100.0^{\circ}\text{F}$.
- Talk with the family member and ask them to keep children home who display any signs of illness.
- Exclude children and staff with fever and respiratory symptoms (cough, runny nose, sore throat, shortness of breath, fast breathing).

Safety Precautions and Social Distancing - Childcare

- Parents and children will only enter through State Street doors, and a staff member will be there to greet parent at the top of the steps and take temperature.
- Upon arrival, all staff and children must immediately wash their hands.
- No one other than approved staff will enter the foyer of the child care center. ALL Parents and children over the age of 2 are required to wear a protective mask during drop off and pick up.
- Children are required to wear a mask over the age of 2 when possible but not to allow it to cause a problem in learning or when it comes to meals and nap time.
- Staff is to enter through the main doors of the club, with a mask and have temperature checked by another staff member by ringing the doorbell. (Key will be removed).
- The Buhl Club will have masks available for use at the main doors and at the bottom of the State Street doors in case someone does not have one.
- Hand sanitizer bottle to be kept at the computer check-in desk to be used before every check-in;
- Parents will be instructed not to bring book bags or other items with their child to school. If they bring lunch, it should be in a brown disposable bag and no blankets or pillows from home. All nap items will be from the center and then washed daily after nap time.
- Limit items coming into the child care space from home.
- Maintain required staff/child ratios when possible. As needed lower ratio to allow for sleeping

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space and staff presence.

- Use social distancing (6 feet apart) within groups, if possible. Maintain similar groups from day-to-day. This includes cot placement at nap time.
- Plan activities that do not require close physical contact between multiple children. Limit item sharing.
- When possible, use gym and dance studio space to allow for children to spread out.
- Pick-up Procedures will mirror that of the drop off except no temperature would be taken.
- Staff would meet the parent at the front state street entry and hand off the child to the parent.

Staffing & Ratios

- Only children of families who are currently working or doing school online from home should be allowed to start at the center when it reopens and be limited to the hours they need to work.
- Children can be moved within their age groups to allow for these numbers to work depending on the number of families who need care. This should be in place for a period of 1 month to 45 days before full amounts of children are allowed to resume.
- Staff can be brought back in small groups, utilizing lead staff and assistant staff first.

School Age (Before June 8)

- School-Age kids will be housed in Preschool Room 2 until camp begins on June 8.
- Starting June 8, summer camp would officially begin, and summer camp procedures will be followed.
- Kids will be asked to bring electronic devices, chrome books, iPad, tablets to complete daily school work. If they do not bring items to do school work, they will be given worksheets and activities to do while others are working. Classroom time will be between 9:30-11:45 daily.
- Electronics will be stored after this time in the Director's office until the child is picked up.
- Parents are responsible for checking children's work daily after they leave to make sure all assignments are complete per their own schools' procedures.

Toddler/Preschool Daily Procedures

- Toddlers and Preschoolers will remain in their classrooms except for gross motor times and restroom times.
- Restrooms will be utilized in each classroom, and Preschool 2 will use the outside hallway restroom, and it will be sanitized with bleach water after each use (toilet, sink, and towel dispenser).
- Meals will be pre-plated by staff and served to the children. Children will NOT be serving family-style meals at this time.
- Children will be placed throughout the room to allow for as much space as possible while eating and washing hands before and after every meal.
- Tables will also be sanitized before and after every meal. Gloves will be worn by staff for mealtimes.

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Infection control

- Use strict hand hygiene at all times. The best practice is to lather for 20 seconds with soap and water or use 60-95% alcohol-based hand-sanitizer after any contact with children and/or after contact with high-touch areas, i.e., doorknobs, countertops, and especially anything at the level that children touch. View this CDC handwashing video.
- Use strict respiratory etiquette. Cough or sneeze into a tissue and deposit into a waste receptacle, cough or sneeze into an elbow or shoulder, and avoid any touching of your eyes, nose, mouth, or face.
- Clean, sanitize, and disinfect surfaces more often than usual (see Caring for Our Children: Appendix K: Routine Schedule for Cleaning, Sanitizing, and Disinfecting).
- Make sure children who become sick at child care (develop a cough, runny nose, fever, shortness of breath, fast breathing) are sent home as soon as possible. Keep anyone sick separate from well students and staff until the sick child can be sent back. Kids who are feeling ill will be isolated to the Director's office until parents are reached, and the child is picked up.
- If available, please place a facemask on the child who is sick. If a staff member is going to be in close contact with a child who is coughing and sneezing, that staff member should wear a facemask as well. Continue to practice strict hand hygiene and other infection control practices as well.
- If there is a positive case of COVID-19 in a child or adult who has been present in the child care center, inform the Office of Child Development and Early Learning (OCDEL) by contacting the appropriate Regional Office of Certification and contact the Department of Health (DOH) at 1-877-724-3258 for further guidance.

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COVID-19 Health and Safety Plan Summary:

F.H. Buhl Club Child Development Center

Plan Date 7/17/2020

1. Screening Procedures

- The Buhl Child Development Center will follow the CDC Screening Method Example 3 Reliance on PPE. The following are directly related to this guidance.
- All staff will wash hands upon arriving at work and put on their facemask.
- A visual inspection of children for signs of illness will be performed by staff answering the door. This can include rapid breathing, flush cheeks, difficulty breathing, fatigue or extreme fussiness.
- Confirm with parent that child has not been wheezing or coughing.
- Take and record the child's temperature with no-touch thermometer. Any person with a temperature over 100.4°F will not be permitted to enter the center for day.
- All adults will be asked CDC screening questions and have their temperature taken and logged before entering the facility.
- If they answer yes to any screening questions they will not be allowed to enter the facility.
- Visitors will be limited unless director deems essential to the benefit of the children. All visitors will wear a mask, answer screening questions, have temperature taken, wash hands and put on shoe covers before entering classroom.

2. Child drop-off and pick-up policies

- All parents and children aged 2 and up will be expected to wear a mask at pickup and drop off.
- Children will wear new slippers or slipper socks while in the classroom. Shoes will be kept on a rack in lobby of child care. All shoes will be separated and marked with the child's name.
- Take temperature and record daily. Over 100.4° not allowed to stay. Must be 24hour fever free without medication.
- A visual inspection of children for signs of illness will be performed by staff answering the door.
- No parents beyond the door. Staff will help children change their shoes and then walk them to their classroom. Hands will be washed upon entering the classroom.
- Magnetic lock disabled on front door to prevent parents from entering center.
- Signage to socially distance in lobby and front door. Limit of 2 families in the lobby at once. Rest are asked to wait on the steps outside.

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3. Sick Policies

- All adults will enter through the main club entrance.
- Upon entering the building all adults will be asked the screening questions from the CDC and have their temperature taken and recorded.
- All staff will be asked to self-report if they travel to a “hotspot” state as designed by the state of PA. If they travel to a “hotspot” they will be required to self-isolate for 14 days, or if they test negatively they may return to work after 7 days.
- Families are encourage to report if they travel to a “hot spot” state and self-isolate with their child for 14 days or until negative test.
- Any exhibiting signs of illness will be sent home immediately. These symptoms include fever, cough, runny nose, vomiting, diarrhea, or rash. These children will need approval from their PCP to return to care.
- Any staff or children with preexisting medical conditions will be encouraged to seek guidance from their PCP before returning to the center.
- If positive test or staff or child, notification through MyKidzDay app (younger children), Remind app (older children), emailed to all enrolled families, and a note will be posted on both building entrances
- Any positive cases within our facility will be reported to the health dept. and DHS as required.
- If less than 3 positive cases at the same time we will shut down for 72hours. We will wait for 24 hours, clean the next day then wait one more day before returning to the center.
- If 4 or more positive cases within the center we will shut down for 14 days. During this time all exposed staff and children will self-isolate.
- Anyone who is exposed to Covid-19 will be required to follow the CDC exposure timeline to determine when they are eligible to return. (See attached)

4. Mask Policy

Staff and adults:

- All adults in the facility must wear a face mask while in common areas of the facility.
- All child care staff must wear masks while in the care of children.
- Staff may choose to bring their own mask daily. The center will have disposable masks available at all times.
- Child care director will perform spot checks of mask wearing throughout the day

Children:

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- All children 2 years or older will be encouraged to wear masks as much as possible during the day, especially when unable to socially distance from others in the classroom.
- Families may send reusable masks daily or the center will have child size disposable masks available.

5. Cleaning/Sanitation Procedures

- Fresh bleach water will be prepared each morning and distributed to all classrooms for sanitizing.
- All classrooms will have a spray bottle of soap water for cleaning.
- Staff will have access to paper towels, shop towels and disinfecting wipes for classroom cleaning use.
- Any materials that cannot be easily sanitized will be removed from the classroom including: playdough, sand, and sensory bin.
- When students leave their rooms for gross motor or outside time a staff member will sanitize all toys, chairs, tables and doorknobs in the classroom.
- If toddlers use the stroller it will be sanitized when they return.
- Staff wear clean (Not worn outside) shoes or bootie covers in classroom.
- At least twice a day a staff person will sanitize all doors, sign-in computer, hand sanitizer container, doorbell and railings
- Spray bathroom after each use. This includes toilets, sinks, paper towel and soap dispensers and doors.
- All classroom toys will be sprayed down with sanitizer each night when the room is closed
- Visibly dirty toys will be washed with soap water in the sink
- Any toys that are placed in children's mouths will be placed in separate "yuck bucket" and washed before being adding back into classroom
- Classroom will be sprayed with disinfecting fogger at the end of each night after all children have left
- Shared spaces will have a rotation schedule that allows for time to sanitize between use
- All children and staff will wash hands upon entering center, when transitioning between spaces and when in contact with shared materials
- If a sink is not available, students and staff will use hand sanitizer and then follow up with soap and water once available

*All procedures and policies are subject to change based upon guidance from the PA Department of Health and the Pennsylvania Office of Child Development and Early Learning

See scenarios below to determine when you can end quarantine and be around others.

Scenario 1: Close contact with someone who has COVID-19—will not have further close contact

I had close contact with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend).

Your last day of quarantine is 14 days from the date you had close contact.

Date of last close contact with person who has COVID-19 + 14 days = end of quarantine

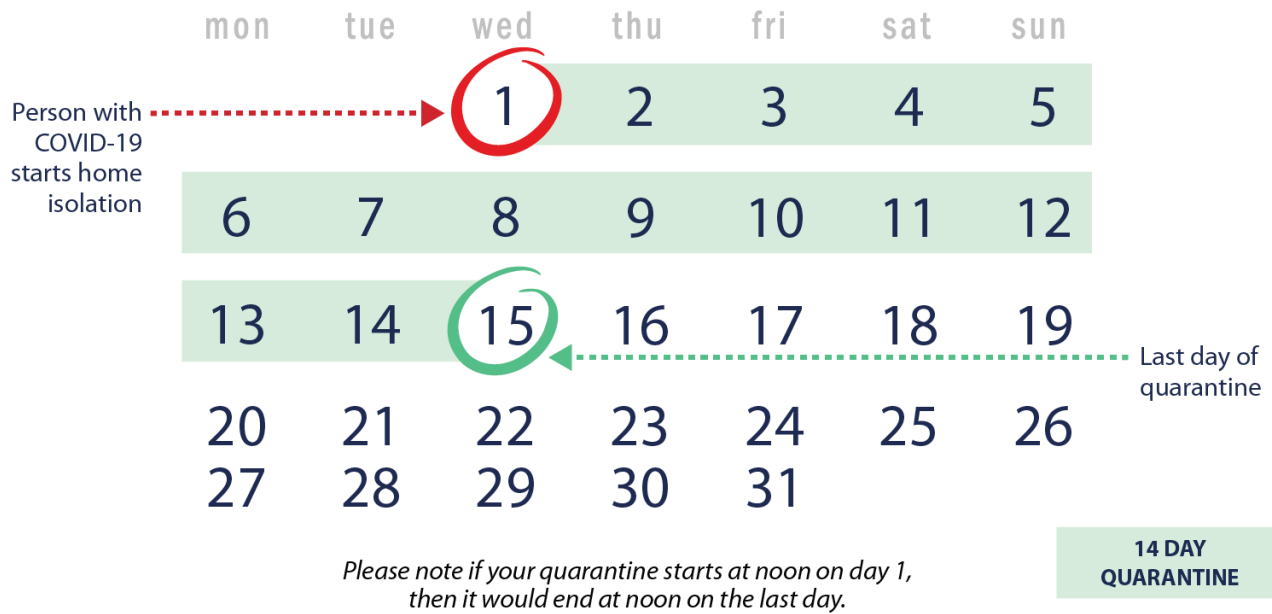


Scenario 2: Close contact with someone who has COVID-19—live with the person but can avoid further close contact

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated.

Your last day of quarantine is 14 days from when the person with COVID-19 began home isolation.

Date person with COVID-19 began home isolation + 14 days = end of quarantine

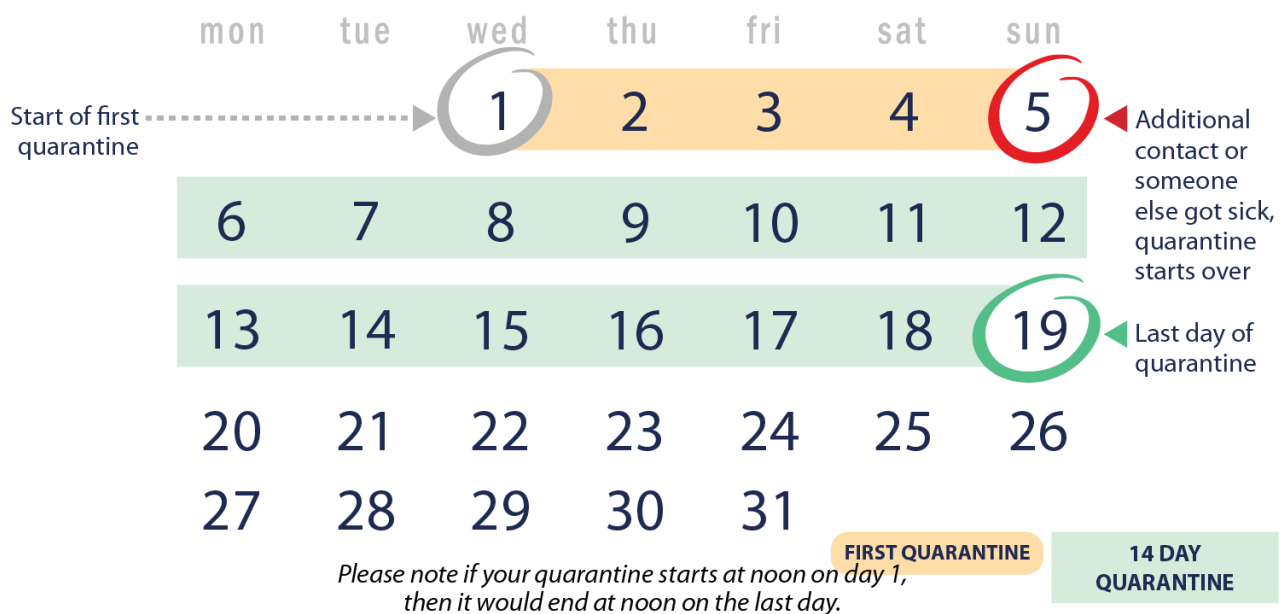


Scenario 3. Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?

Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. **Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.**

Date of additional close contact with person who has COVID-19 + 14 days = end of quarantine

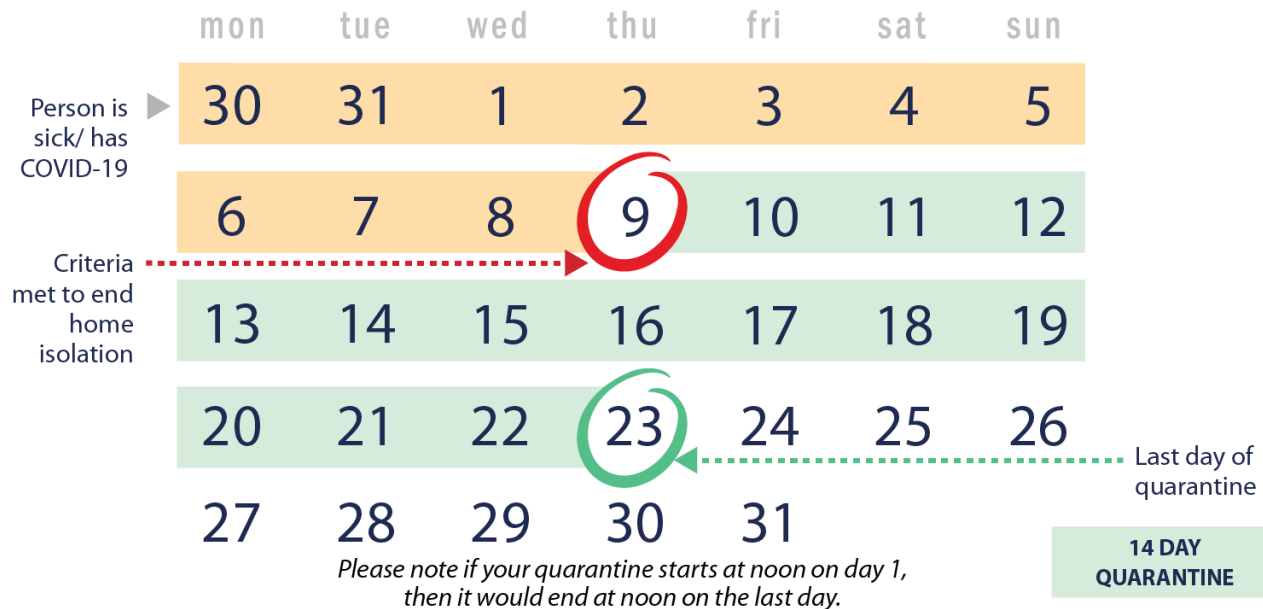


Scenario 4: Live with someone who has COVID-19 and cannot avoid continued close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the [criteria to end home isolation](#).

Date the person with COVID-19 ends home isolation + 14 days = end of quarantine



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WELLNESS CENTER/GROUP FITNESS CLASSES

Social distancing is a critical part of the Buhl Club's Group Fitness classes. Our approach; to getting back to physical activity in the Buhl Club, will focus on planned sessions, limits on participation, and time for cleaning and sanitation. This applies to both individual usage of exercise areas and group fitness settings.

Wellness Center (WC)

- Follow standard Reservation Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Follow standard Entrance and Exit Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Workouts using the WC are limited to 60 minutes with 30 minutes in between each allotted time slot for cleaning and sanitation.
- Members over the age of 65 will have designated time to use the facility. These days and time are subject to change depending upon usage.
- Markers will indicate each member's safe zone for working out.
- Equipment is color-coded with either a **Blue** or a **Red** sticker, usage of the color code will change every hour. Inquire at the Wellness Center desk for color time's schedule.
- Sharing of equipment is not permitted until further notice.
- Spray bottles with disinfectant and a towel will be distributed to each member upon entry for cleaning equipment after usage. Members not taking responsibility to sanitize equipment after usage is subject to loss of future use and possibly loss of membership.
- The WC will be staffed longer hours to ensure cleaning and sanitation is being correctly executed.

Group Fitness Classes

- Follow standard Reservation Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Follow standard Entrance and Exit Policy and Procedures as stated in Member and Program Participant Expectations section.
 - Class sizes are limited:
 - Cycle Class: 12 members
 - Jump Stretch: 6 members
 - Classes in the Gymnasium: 12 members
 - Classes in the 2nd-floor Aerobic room: 8 members
 - Classes in the Pool shallow end: 12 members
 - Classes in the Pool deep end: 6 members

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- The instructors will have a printed class roster so the member must check-in and out with the instructor.
- Designated areas will be fully marked for personal belongings, which are limited to essential items such as water or towel.
- Members are encouraged to bring water, a workout towel & their own yoga mat, but you must sanitize it before & after use.
- Exercise areas will be marked to achieve social distancing & each member will stay in their assigned space for the entire class.
- Class times are stagger to allow a buffer of exiting & entering members and proper cleaning;
- Members are required to sanitize their designated workout area & equipment they use & properly return back to a storage location.
- No sharing of equipment hugs or high 5s.
- No circuit classes are available during the initial opening phase.
- Class schedules & instructors are subject to change.
- After class, please defer from a social gathering, collect belongings, check out with an instructor, follow exit pattern & again hand sanitizes before exiting.

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AQUATIC PROGRAMS

Pool doors will be opened 15 minutes before the start of lessons and will lock when the lesson starts;
Stair Rails and Ladder Rails will be wiped down with disinfectant before and after every class;
Equipment/toys used in classes will be disinfected after every lesson and not used by more than one patron per class;

- Lifeguards will be on duty at all times.

Water Exercise Classes

- Follow standard Reservation Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Follow standard Entrance and Exit Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Participants will be limited to 12 per class. (Three lines of 4 participants in the shallow or deep end of the pool);
- Participants will be expected to clean their equipment at the end of each class by dipping it in the marked sanitizer filled tubs or spraying it with the provided sanitizer.

Lap Swim

- Follow standard Reservation Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Follow standard Entrance and Exit Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Lane Reservations are for ½ hour block unless requested in advance.
- Participants will be limited to 6 per the scheduled time. One participant in each marked lap lane.
- Lane 1 can be reserved for exercise only.
- Lanes will be marked with lane lines.
- Swimming out of your lane will cause danger to yourself as well as other swimmers and will not be tolerated. Swimming out of your lane will result in your being asked to leave the pool and lose your ability to reserve lap lanes.

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Swim Lessons

- Follow standard Reservation Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Follow standard Entrance and Exit Policy and Procedures as outlined in Member and Program Participant Expectations section.
- Six students per level max (2 levels per time slot).
- No more than two adults accompany kids to lessons.
- Adults will wait on the pool deck on dots on bleachers to maintain social distancing.
- Children come as dressed if possible for lessons.
- Pool doors will be opened 15 minutes before the start of lessons.
- Students will be positioned on dots placed 6 feet apart.
- Mom and Dad Class will be distanced like an Exercise class.
- Level 1, Guppies and Minnows: Students on dots placed 6 feet apart on the shallow end wall starting at stairs. The instructor will be in the water with a mask on.
- Level 2: Students on dots placed 6 feet apart on the air handler wall, starting at halfway line up to the shallow end. Instructor in water with a mask on.
- Level 3: Students on dots 6 feet apart starting at halfway line moving to shallow on bleacher side. Instructor on deck with mask on. Lap line used to split pool in half.
- Level 4: Students on dots 6 feet apart starting at halfway line moving to shallow on air handler side. Instructor on deck with mask on. Lap line used to split pool in half.
- Level 5: Students stand on dots 6 feet apart on deep end deck on air handler side of pool lap line dividing pool in half. Instructor on deck in mask.
- Level 5: Students stand on dots 6 feet apart on deep end deck on air handler side of pool lap line splitting pool in half. Instructor on deck in mask.
- 1 or 2 dedicated lifeguards will be on deck at all times during lessons.

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YOUTH PROGRAMS

Dance

- Follow standard Entrance and Exit Policy and Procedures as stated in Member and Program Participant Expectations section.
- Classes of over ten children will have class in the gymnasium (when available).
- The gym floor will be marked with cones to keep children at a safe distance from each other. Dance Studio floor will also be marked with tape to keep children spread out.
- Students will be required to use hand sanitizer when entering the building.
- Class times will be adjusted to assist with the flow of students/parents going in and out of the building.
- Instructors/dance assistants will wear masks.
- There will be no hand-holding activities during class.
- Students will wear masks if that is the recommendation of state officials/CDC.

Gymnastics

- Follow standard Entrance and Exit Policy and Procedures as stated in Member and Program Participant Expectations section.
- Classes will be limited to no more than ten children.
- Gymnastics floor will be marked with cones or tape to keep children at a safe distance from each other.
- Students will be required to use hand sanitizer when entering the building.
- Class times will be adjusted to assist with the flow of students/parents going in and out of the building.
- Instructors will wear masks.
- There will be no hand-holding activities during class.
- Students will wear masks if that is the recommendation of state officials/CDC. Adjusted class schedule to allow for cleaning in between classes.

Stem/Steam/Art

- Follow standard Entrance and Exit Policy and Procedures as stated in Member and Program Participant Expectations section.
- Class size will be limited to 10 and students will be spread out between 3 tables in activities room.
- Students will be required to use hand sanitizer when entering the activities room.
- Instructor will wear a mask. Participants will wear masks if that is the recommendation of state officials/CDC.

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Youth Basketball Skills and Drills

- Follow standard Entrance and Exit Policy and Procedures as stated in Member and Program Participant Expectations section.
- Gym floor will be marked with cones to keep children at a safe distance from each other.
- Participants will use the same basketball through the whole class. Basketballs will be wiped down after each class. Gym floor will be cleaned after each class.
- Participants will be required to use hand sanitizer when entering the building.
- Instructors will wear masks. Participants will wear masks as that is the recommendation of the state officials/CDC.
- Class schedule subject to gym availability.

COMMUNICATION

- During this time, communication will be a crucial element in remaining safe and staying informed. The following are the steps we are taking to make sure we keep the safety and security of members and program participants at the forefront:
- The plan for opening will be posted in its entirety on our website at www.buhlclub.org;
- Status updates or changes to our operations will be posted on our social media outlets and emailed to all members with a current email on file.
- Instructional videos demonstrating new protocol and procedures for using the facility are available on our YouTube channel.
- The Buhl Club will comply with all procedures and processes for contact tracing in the event a staff member or patron reporting positive for COVID-19.
- We ask that any member that tests positive for COVID-19, PLEASE inform the Buhl Club's COVID-19 Response Coordinator as soon as possible.
- The Buhl Club Board of Directors will continue to meet monthly to advise and provide guidance when applicable.

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RESOURCES AND REFERENCES

FAQs for Administrators, Teachers, and Parents

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-faq.html>

PA Department of Health

<https://www.health.pa.gov/Pages/default.aspx>

Department of Human Services Info

<https://www.dhs.pa.gov/providers/Providers/Pages/Coronavirus-2020.aspx>

FAQ's for all businesses upon reopening document

<https://www.health.pa.gov/topics/Documents/Diseases%20and%20Conditions/COVID-19%20Workplace%20Safety%20Questions.pdf>

<https://www.nrpa.org/our-work/Three-Pillars/health-wellness/coronavirus-disease-2019/path-to-recovery/specific-guidance-for-common-park-and-recreation-spaces-facilities-and-programs/>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html/>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#open>