



# September, October, November 2019 Pool Schedule

## POOL SCHEDULE

### August 2019

This schedule is **subject to change without notice!**

For the most up to date schedule check the electronic schedule at <http://www.buhlcommunityrecreationcenter.com/programs/program-schedules/>

**Pool Rules** are on back of this schedule

**Photography and videos are not allowed during open swim under any circumstances!!!**

### Pool Rental

Available Friday evening, Saturday and Sunday afternoon. To Schedule your party contact the Aquatic Director or Business Office.

**For Information,** Contact Aquatic Director Chuck Dunkerley 724-981-3700, ext. 107 [cdunkerley@fhubhlclub.org](mailto:cdunkerley@fhubhlclub.org)

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   | Sunday   |
|--|---|---|---|---|--|--|
| 5:30 – 8:00<br>Early Bird Lap Swim   |   | 5:30 – 8:00<br>Early Bird Lap Swim  |   | 5:30 – 8:00<br>Early Bird Lap Swim  |  |  |
| 8:00 – 9:00<br>Aqua Arthritis Lap Swim in Deep End   | 8:00 – 9:15<br>Aqua Therapy / Aqua Tabata<br>9:15 to 9:45<br>Deep Water   | 8:00 – 9:00<br>Aqua Arthritis Lap Swim in Deep End  | 8:00 – 9:15<br>Aqua Therapy / Aqua Tabata<br>9:15 to 9:45<br>Deep Water   | 8:00 – 9:00<br>Aqua Arthritis Lap Swim in Deep End  | 8:00 - 9:00<br>Guppies & Minnows<br>NO LAP SWIM  |  |
| 9:00 – 11:00<br>Open Swim / 2 Lap Lanes  | Aerobics<br>9:15 – 10:30<br>Aqua Therapy / Aqua Tabata<br>NO LAP SWIM<br>10:30 – 11:30<br>Pre School Swim Lessons<br>CLOSED | 9:00 – 10:00<br>Open Swim / 2 Lap Lanes<br>10:00 – 11:00<br>1 <sup>st</sup> & 4 <sup>th</sup> Wed<br>Open / Lap Swim<br>2 <sup>nd</sup> & 3 <sup>rd</sup> Wed<br>Sharpsville Autistic Swim Lesson Pool Closed | Aerobics<br>9:15 – 10:30<br>Aqua Therapy / Aqua Tabata<br>NO LAP SWIM<br>10:30 – 11:30<br>Pre School Swim Lessons<br>CLOSED | 9:00 – 10:00<br>ABBDD ½ pool / Open Swim & Lap Swim ½ pool<br>10:00 – 11:00<br>Open Swim / 2 Lap Lanes  | 9:00 – 10:15<br>Aqua Tabata<br>NO LAP SWIM<br>10:15–11:00<br>Open Swim / 2 Lap Lanes   | 9:00 – 10:00<br>Adult Swim<br>10:00–11:30<br>Open Swim / 2 Lanes         |
| 11:00 – 12:00<br>Aqua Fitness Lap Swim in Deep End   | 11:30 – 2:00<br>Reserved Lap Swim Only  | 11:00 – 12:00<br>Aqua Fitness Lap Swim in Deep End  | 11:30 – 2:00<br>Reserved Lap Swim Only  | 11:00 – 12:00<br>Silver Sneakers Splash Lap Swim in Deep End  | 11:00-11:30<br>Guppies<br>11:30-12:00<br>Mom& Dad No Lap   | 11:30–12:30<br>Open Swim / 2 Lap Lanes<br>If no Private Rental Scheduled |
| 12:00 – 2:00<br>Reserved Lap Swim Only   |   | 12:00 – 2:00<br>Reserved Lap Swim Only  |   | 12:00 – 2:00<br>Reserved Lap Swim Only  | 12:00 – 3:00<br>Open Swim / 2 Lap Lanes<br>3:00 – 4:00<br>Pool available for Private Rental  |  |
| 2:00 – 5:00<br>Open Swim / 2 Lap Lanes   | 2:00 – 3:00<br>Buhl Camp / Pool Closed to all<br>3:00 – 4:00<br>Open Swim / 2 Lap Lanes                                     | 2:00 – 5:00<br>Open Swim / 2 Lap Lanes  | 2:00 – 4:00<br>Open Swim / 2 Lap Lanes  | 2:00 – 8:30<br>Open Swim / 2 Lap Lanes  |  |  |
| 5:00 – 7:00<br>Youth Swim Lessons<br>NO LAP SWIM   | 4:00 – 5:30<br>Minnows<br>NO LAP SWIM   | 5:00 – 7:00<br>Youth Swim Lessons<br>NO LAP SWIM  | 4:00 – 5:00<br>Guppies & Minnows<br>NO LAP SWIM   | Last Friday of Each Month FROM 6:00 - 8:30 is Family Night with Flick and Float. Please note that there will be NO LAP SWIM DURING THESE EVENTS!!!! | <b><i>The Sharpsville Schools Autistic Program will be renting our pool for swim lessons for their clients on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month. The pool will be closed to all others at these times.</i></b> |  |
| 7:00 – 9:00<br>Synchronized Swim Class/ 2 Lap Lanes / Open Swim Shallow Only   | 5:45 – 6:45<br>Water Yoga<br>NO LAP SWIM<br>7:00 – 9:00<br>Open Swim / 2 Lap Lanes  | 7:00 – 9:00<br>Open Swim / 2 Lap Lanes  | 5:15 – 6:15<br>Water Yoga<br>6:30 – 9:00<br>Open swim shallow end / 2 Lap Lanes / Synchronized Swim Class in Deep end       |   |  |  |
| <i>Synchronized swim starts up again October 7, 2019. Their classes will be Monday and Thursday from 7:00 to 9:00. Please note that the deep end of the pool will be closed during their practices. 2 Full Lap lanes will be open.</i> |   |   |   |   |  |  |
| <b><i>Annual Pumpkin Swim Will be on Saturday October 12, 2019 with registration starting at 5:00.</i></b>   |   |   |   |   |  |  |

## Classes

For the safety and enjoyment of members participating in classes the pool is only open to those participating in the class. If classes are listed during open swim times, we ask that you do not interfere with the classes in progress

### Rules for all swim lessons and synchronized swimming programs

- ❖ All fees must be paid and registration forms completed prior to the first day of class.
- ❖ Because most of our aquatic classes have waiting lists for children wanting to participate, you must call the Buhl Club office if your child is going to miss a class. Missing more than 2 classes without notifying the front office will result in your child being removed from the class, with no refund of any fees paid, so a child on the waiting list will be able to participate.
- ❖ We strive to run our programs on time. If a child is more than 5 minutes late for a class they will not be allowed to participate.

### Reserved Lap Swims

- ❖ Lanes can be reserved by calling or signing up on the pool deck or emailing the Aquatic Director ([cdunkerley@fhubhlclub.org](mailto:cdunkerley@fhubhlclub.org)). Lane reservation is not confirmed until on duty aquatic staff confirms it.
- ❖ Lanes can be reserved 24 hours in advance.
- ❖ If you wish to reserve a lane for more than ½ hour, you must specify this when you sign up for the lane.
- ❖ Lane reservations for more than ½ hour block will be dependent on availability and swimmer load.
- ❖ Reservations are on a first come first served basis. Reservations close 15 minutes before Reserved Swim starts.
- ❖ If you are not in your lane by 10 minutes after reservation time you will forfeit your reservation.
- ❖ 3 un-cancelled forfeitures will result in losing your privilege to reserve lanes for 1 month.
- ❖ Lane #1 is designated for **SHARED** water jogging and wall exercise during Reserved/Adult Lap Swims. No reservation is required to **SHARE** lane #1 at these times.
- ❖ Swimming out of your lane, into another swimmers lane, will not be allowed as it will cause an unsafe environment for all swimmers.

### Lap Lanes

Lap Lanes provided during open swims are available on first come first served basis. If lanes are full you must wait your turn. These are not reserved lanes!!! Lap swimmers interfering with classes will lose the privilege for everyone to swim laps while classes are going on. Please note that if you are swimming laps outside of a lap lane you may be creating a hazardous situation with open swimmers and will be asked to stop your laps or move to an open lap lane.

## Buhl Club Pool Rules

Remember the pool rules are for your safety and enjoyment. Please obey all rules.

1. Please Shower before entering the pool.
2. Lifeguard on duty is in complete charge of the pool area.
3. All Swimmers must enter the pool through the Wet Hall doors.
4. Only swimmers wearing approved bathing suits will be permitted to swim. The following attire is not permitted: "Street Cloths," Brazilian/French-cut, String, or Thong style Bikinis. Revealing swimwear, cut-off jeans, spots bras, leotards, leggings and compression shorts. Underwear and undergarments may not be worn as swimwear.
5. Walk at all times when in the pool area. Running on the pool deck is very dangerous and is not allowed.
6. No Photography above or under water is permitted in pool area for the privacy of all our patrons.
7. Jewelry must be removed before entering the pool area. The Buhl Community Recreation Center is not responsible for lost or damaged items.
8. Those who wish to swim in the deep end of the pool must be able to swim 2 widths of the pool without stopping and tread water for 2 minutes.
9. Patrons who require a Personal Flotation Device (PFD) must remain in the shallow area.
10. Diving is permitted from the deep end wall only. Jumping is permitted from the deep and shallow end walls only. Absolutely no diving from the side walls.
11. Only U.S. Coast guard approved personal flotation devices are permitted in the pool. Toys from home are subject to approval by the lifeguard on duty.
12. Parents/guardians of children aged 7 & under must be in water within arm's reach at all times. Children aged 8 to 10 must have a parent or guardian in water with them at all times. Children aged 11 to 12 must have a parent or guardian on pool deck at all times.
13. Anyone not swimming laps in a lap lane will be asked to leave the lap lane.
14. Please keep hands and body off lane lines. Hanging on lane lines is not permitted.
15. Fighting, dunking, wrestling, pushing and any other horseplay will result in termination of swimming privileges.