



January 4th-17th Pool Schedule

POOL SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>January, 2021 This schedule is subject to change without notice.</p> <p>For the most up to date schedule check the electronic schedule at http://www.buhlclub.org</p> <p>For more information contact: Michelle Bower Program Director 724-981-3700, ext. 108 mbower@fhubhlclub.org</p>	5:30 – 11:00 Lap Swim 6 Lanes	5:30 – 9:00 Lap Swim 6 Lanes	5:30 – 11:00 Lap Swim 6 Lanes	5:30 – 9:00 Lap Swim 6 Lanes	5:30 – 11:00 Lap Swim 6 Lanes	8:00 – 9:00 Lap Swim 6 Lanes	CLOSED
		9:00 – 9:30 Shallow Water Aqua Therapy		9:00 – 9:30 Shallow Water Aqua Therapy		9:00 – 10:00 Aqua Tabata	
		9:30 – 10:30 Aqua Tabata		9:30 – 10:30 Aqua Tabata		10:00 – 11:00 Make Up Class 1/9 Guppies & Minnows Swim Lessons	
	11:00 – 12:00 Aquatic Exercise Class	11:00 – 3:30 Lap Swim 6 Lanes	11:00 – 12:00 Aquatic Exercise Class	11:00 – 3:30 Lap Swim 6 Lanes	11:00 – 12:00 Aquatic Exercise Class	11:00 – 11:30 Make Up Class 1/9 Mom & Dad	
	12:00 – 3:00 Lap Swim 6 Lanes		12:00 – 7:00 Lap Swim 6 Lanes		12:00 – 3:00 Lap Swim 6 Lanes	11:30 – 1:00 Lap Swim 6 Lanes	
	3:00 – 7:00 Lap Swim 6 Lanes	3:30 – 4:30 After School Kids / 3 Lap lanes		3:30 – 4:30 After School Kids / 3 Lap lanes	3:00-5:00 3 Family Swim Lanes/3 Lap Lanes	 The new session of swim lessons will begin January 18 th . Register now 724-981-3700 ext. 102	
		4:30 – 6:00 Lap Swim 6 Lanes		4:30 – 5:30 Make Up Class 1/7 Minnows Swim Lessons No Lap Swim			
				6 Lap Lanes 1/14 4:30-5:30			
				5:30 – 7:00 Lap Swim 6 Lanes	5:00 – 6:00 Make Up Class 1/8 Swim Lessons Level 3 & 4 3 Lap Lanes		
		6:00 – 7:00 Water Yoga With Dan			6:00 – 7:00 Make Up Class 1/8 Swim Lessons Level 5 & 6 3 Lap Lanes		
7:00 – 8:00 Slippery Rock Swim Team No lap swim <u>Pool Closed To All Others</u>	7:00 – 8:00 3 Family Swim lane/ 3 Lap Lane	7:00 – 8:00 Slippery Rock Swim Team No lap swim <u>Pool Closed To All Others</u>	7:00 – 8:00 3 Family Swim lane/ 3 Lap Lane	7:00 – 8:00 Slippery Rock Swim Team No lap swim <u>Pool Closed To All Others</u>			

PLEASE NOTE

Aquatic Classes and all Lap Swims MUST be reserved ahead.

Reservations can only be made one day prior to the day you wish to reserve.

CHECK IN AT THE CONTROL DESK TO CONFIRM YOUR RESERVATION UPON ENTERING THE BUILDING

Thank you for helping us make the most use possible of our facility.

Classes and Lap Lanes

For the safety and enjoyment of members participating in classes the pool is only open to those participating in the class.
NO LAP SWIM DURING AQUATIC EXERCISE CLASSES.

COVID-19 Rules

- Class and Lane Reservations: follow standard Reservation Policy and Procedures as outlined in Member and Program Participant Expectations Guidelines.
- Follow standard Entrance and Exit Policy and Procedures as outlined in Member and Program Participant Expectations Guidelines.
- Patrons may not enter the pool until it is time for the class they are registered for to start.
- Patrons arriving 5 minutes after a class has started will not be allowed to enter the pool until the end of the class so as not to disturb the other patrons taking the class.
- Class participants will be limited to 20 people in the pool at one time.
- Lane Reservations are for ½ hour block unless requested in advance.
- Lap lanes are reserved for one person at a time only.
- Lap swim times are for lap swimming or solo aquatic exercise only. They are not to be used for Family swims.
- Lap reservation times cannot be reserved by families or groups. One person per lane at all times.
- Equipment/toys used in classes will not be shared.
- Patrons are responsible for putting away any equipment they use in a class or on their own.
- Lap Lane reservations are for a lane that will be assigned by on duty lifeguard. **YOU ARE NOT RESERVING A SPECIFIC LANE WHEN YOU MAKE YOUR RESERVATION.**
- Swimming out of your marked lap lane, into another swimmers lane, will result in your being asked to leave the pool and lose your ability not be allowed to use the pool, as it will cause an unsafe environment for all swimmers.

Rules for all swim lessons and synchronized swimming programs

- ❖ All fees must be paid and registration forms completed prior to the first day of class.
- ❖ Because most of our aquatic classes have waiting lists for children wanting to participate, you must call the Buhl Club office if your child is going to miss a class. Missing more than 2 classes without notifying the front office will result in your child being removed from the class, with no refund of any fees paid, so a child on the waiting list will be able to participate.
- ❖ We strive to run our programs on time. If a child is more than 5 minutes late for a class they will not be allowed to participate.

COVID-19 Rules

- Follow standard Entrance and Exit Policy and Procedures as outlined in Member and Program Participant Expectations section.
- No more than two adults accompany kids to lessons;
- Adults will wait on the pool deck on dots on bleachers to maintain social distancing;
- Children come as dressed if possible for lessons;
- Students will be allowed to enter pool deck 15 minutes before the start of lessons;
- Mom and Dad Class will be distanced like an Exercise class.

Family Swim

- There are no open swim times due to COVID-10 Restrictions.
- We have made it possible for families to reserve 2 lap lanes at specified times during the day. Please note these are the only times families can reserve lanes.
- Families must follow all pool safety rules including:
 - No flotation devices in the deep end. Including lifejackets, kick boards and noodles.
 - You must keep your children within arm's reach at all times.
 - An adult must make the reservation and be in the water at all times.
 - Any toys taken out must be put away before you leave the pool deck. Failure to do so will result in your not being allowed to reserve a family swim time for 2 months.