



Gymnastics Schedule- Spring 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		5:00-6:30 Intermediate Ages 6+			9:30-10:15 Busy Bees Ages 3-5	
					10:30-11:30 Beginner Ages 6+	

GYMNASTICS SCHEDULE

Winter 2021

7 week session
begins on March
24th.

More Information

Please contact:
Michelle Bower
Program Director
724-981-3700,
ext. 108
mbower@
fhbuhlclub.org

Fee:

7 week session
\$30 member
\$65 non
member

Busy Bees

This 7 week program is designed for a positive and fun learning environment! Students will learn and increase their motor skills, flexibility, coordination, turn taking, listening skills and self-confidence. Students will work on getting familiar with the very basics of the beam, floor and Tumbl Trak.

Beginner

This 7 week program is designed to help students improve the basics of gymnastics. Students will work on improving their strength and agility along with flexibility and self-confidence. They will become more familiar with the beam, floor and Tumbl Trak while increasing their skills along the way.

Intermediate

This 7 week program is for students who have completed the beginner level class. Students will continue to develop their gymnastics and tumbling skills on the beam, floor and Tumbl Trak. They will also continue to build on their strength, agility and flexibility. This level requires the student to have a cart wheel, round off, back bend without assistance, and be able to walk across the beam without assistance.

Private Lessons

Contact Program Director at 724-981-3700 ext. 108 to schedule.