



September 1st - 11th 2022 Buhl Club Aquatics Schedule

Aquatics Director - Brandon Couie bcouie@buhlclub.org

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
5:00:00 AM	POOL CLOSED Lifeguard Maintenance	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	POOL CLOSED Lifeguard Maintenance		
8:00:00 AM	Lap Swim 6 Lanes		Aqua Therapy		Aqua Therapy		Aqua Tabata	Aqua Tabata	Lap Swim 6 Lanes
8:30:00 AM									Aqua Tabata
9:00:00 AM			Aqua Tabata						
9:30:00 AM			Aqua Tabata						
10:00:00 AM			POOL CLOSED Lifeguard Maintenance						
10:30:00 AM	POOL CLOSED Lifeguard Maintenance	POOL CLOSED Lifeguard Maintenance	Preschool 1 Swim 10:45 - 11: 45 POOL CLOSED	POOL CLOSED Lifeguard Maintenance	Preschool 2 Swim 10:45 - 11: 45 POOL CLOSED	POOL CLOSED Lifeguard Maintenance	Open Swim - Shallow End Learn to Snorkel - Deep End All Ages No sign up required *Must bring your own Snorkel, Mask and Fins		
11:00:00 AM	Open Swim	Aquatic Exercise Class	Aquatic Exercise Class	Aquatic Exercise Class	Aquatic Exercise Class				
11:30:00 AM		Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes				
12:00:00 PM									
12:30:00 PM									
1:00:00 PM									
1:30:00 PM									
2:00:00 PM	POOL CLOSED Closed on Labor Day	After School Program Swim Pool Closed	After School Program Swim Pool Closed	After School Program Swim Pool Closed	After School Program Swim Pool Closed				
2:30:00 PM									
3:00:00 PM									
3:30:00 PM									
4:00:00 PM									
4:30:00 PM	Special Events! *Times will vary.	Open Swim	Open Swim	Open Swim	Open Swim				
5:00:00 PM						Let's Play! Maroo Polo All Ages			
5:30:00 PM	Special Events! *Times will vary.	Lap Swim 6 Lanes	POOL CLOSED Lifeguard Maintenance	Open Swim	Lap Swim 6 Lanes	Open Swim	Swim lessons start the week of September 12th.		
6:00:00 PM			Water Meditation No sign up required All Ages						
6:30:00 PM									
7:00:00 PM									
7:30:00 PM									
7:30:00 PM									
8:00:00 PM									



September 12th - 30th 2022 Buhl Club Aquatics Schedule

Aquatics Director - Brandon Cowie bcowies@fbhuhlclub.org

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00:00 AM	POOL CLOSED Lifeguard Maintenance						POOL CLOSED Lifeguard Maintenance	
8:00:00 AM	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes		Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	
8:30:00 AM								
9:00:00 AM			Aqua Therapy		Aqua Therapy			
9:30:00 AM			Aqua Tabata		Aqua Tabata			
10:00:00 AM								Swim School - Startfish Ages 6 - 18 Months with Parent 15 Student Cap
10:30:00 AM	STARTS SEPTEMBER 18 Swim School - Adults A Ages 18+ 8 Student Cap	POOL CLOSED Lifeguard Maintenance		POOL CLOSED Lifeguard Maintenance		POOL CLOSED Lifeguard Maintenance	Swim School - Guppies C Ages 18 months - 3 years 12 Student Cap	
11:00:00 AM		Aquatic Exercise Class	Preschool 1 Swim 10:45 - 11: 45 POOL CLOSED	Aquatic Exercise Class	Preschool 2 Swim 10:45 - 11: 45 POOL CLOSED	Aquatic Exercise Class	Swim School - Minnows C Ages 3 - 5 years 12 Student Cap	
11:30:00 AM	POOL CLOSED Lifeguard Maintenance						Open Swim - Shallow End	
12:00:00 PM	STARTS SEPTEMBER 18 Swim School - Adults B Ages 18+ 8 Student Cap"	Lap Swim 6 Lanes				Lap Swim 6 Lanes		Learn to Snorkel - Deep End All Ages No sign up required *Must bring your own Snorkel, Mask and Fins
12:30:00 PM								
1:00:00 PM								
1:30:00 PM								
2:00:00 PM								
2:30:00 PM								
3:00:00 PM								
3:30:00 PM								
4:00:00 PM	POOL CLOSED							
4:30:00 PM								
5:00:00 PM	Special Events! *Times will vary.	Stroke School - Jellyfish A Levels 1 and 2 15 Student Cap	Swim School - Guppies A Ages 18 months - 3 years 12 Student Cap	Stroke School - Sharks B Level 3 15 Student Cap	Swim School - Minnows B Ages 3 - 5 years 12 Student Cap	Let's Play! Marco Polo All Ages	Special Events! *Times will vary. Swim lessons start the week of September 12th.	
5:30:00 PM			Swim School - Minnows A Ages 3 - 5 years 12 Student Cap		Swim School - Guppies B Ages 18 months - 3 years 12 Student Cap			
6:00:00 PM		Stroke School - Sharks A Level 3 15 Student Cap	Jr. Lifeguard School Flamingos Ages 10 - 15 8 Student Cap	Stroke School - Jellyfish B Levels 1 and 2 15 Student Cap	Jr. Lifeguard School Flamingos Ages 10 - 15 8 Student Cap			
6:30:00 PM								
7:00:00 PM						Open Swim		
7:30:00 PM		Lap Swim 6 Lanes	Water Meditation No sign up required Instructor Brandon Cowie	Open Swim	Lap Swim 6 Lanes			
8:00:00 PM								