





December 2022 Buhl Club Aquatics Schedule

Aquatics Director - Brandon Couie bcouie@fbuhlclub.org

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00 AM	POOL CLOSED Lifeguard Maintenance						POOL CLOSED Lifeguard Maintenance	
8:00 AM	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	
8:30 AM								
9:00 AM			Aqua Therapy		Aqua Therapy			
9:30 AM			Aqua Tabata		Aqua Tabata			
10:00 AM								
10:30 AM	POOL CLOSED Lifeguard Maintenance	POOL CLOSED Lifeguard Maintenance	POOL CLOSED Lifeguard Maintenance	POOL CLOSED Lifeguard Maintenance	POOL CLOSED Lifeguard Maintenance	POOL CLOSED Lifeguard Maintenance	Swim School - Guppies C Ages 18 months - 3 years 12 Student Cap	
11:00 AM	Open Swim	Aquatic Exercise Class	Preschool Swim!	Aquatic Exercise Class	Preschool Swim!	Aquatic Exercise Class	Swim School - Minnows C Ages 3 - 5 years 12 Student Cap	
11:30 AM								
12:00 PM							Open Swim	
12:30 PM								
1:00 PM	POOL CLOSED	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	Lap Swim 6 Lanes	POOL CLOSED	
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM								
3:30 PM								
4:00 PM								
4:30 PM								
5:00 PM								
5:30 PM								
6:00 PM		Stroke School - Jellyfish A Levels 1 and 2 15 Student Cap	Swim School - Guppies A Ages 18 months - 3 years 12 Student Cap	Stroke School - Sharks B Level 3 15 Student Cap	Swim School - Minnows B Ages 3 - 5 years 12 Student Cap	Open Swim		
6:30 PM	Stroke School - Sharks A Level 3 15 Student Cap	Stroke School - Jellyfish C Levels 1 and 2 15 Student Cap	Stroke School - Jellyfish B Levels 1 and 2 15 Student Cap	Jr. Lifeguard School Flamingos Ages 10 - 15 8 Student Cap				
7:00 PM								
7:30 PM								
8:00 PM								
								Winter Swim Lessons Sign up Starts December 12th
								Special Events! *Times will vary.