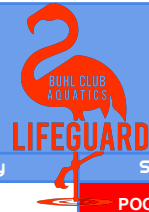
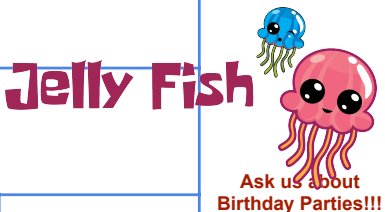








March 2024 Aquatics Schedule

Aquatics Director - Brandon Cowie bcowie@fhubhclub.org



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
POOL CLOSED	5AM - 9AM : Lap Swim 6 Lanes To reserve a lap lane please call or talk to the front desk staff					POOL CLOSED
8AM - 10:30AM Lap Swim 6 Lanes	9AM - 10AM Lap Swim	9AM : Aqua Therapy 9:30AM : Aqua Tabata	9AM - 11AM Open Swim lanes 1-3 Lap Swim lanes 4-6	9AM : Aqua Therapy 9:30AM : Aqua Tabata	9AM - 10AM Lap Swim 10AM - 10:45 AM Volleyball	8AM - 9AM : Lap Swim 6 Lanes 9AM : Aqua Tabata 10AM - 11:30AM Swim Lessons
POOL CLOSED Lifeguard Maintenance	10AM - 11AM Open Swim	Preschool Swim 10:45 - Noon POOL CLOSED	11AM - Noon Aquatic Exercise Class	Preschool Swim 10:45 - Noon POOL CLOSED	11AM - Noon Aquatic Exercise Class	11:30AM - 12:45PM Open Swim
11AM - 12:45PM Open Swim	Noon - 3PM Lap Swim To reserve a lap lane please contact or talk to the front desk staff					POOL CLOSED After 1PM
POOL CLOSED After 1PM	3PM - 4:30PM Open Swim					 Ask us about Birthday Parties!!!
Swim Lessons start March 4th! To register for lessons please call or talk to the front desk staff.	4:30PM - 6 PM Swim Lessons				4:30 - 6PM Open Swim	
 6 - 8 PM Swim Team Practice	 6 - 8 PM Swim Team Practice	 6 - 8 PM Swim Team Practice	 6 - 8 PM Swim Team Practice	 6 - 8 PM Swim Team Practice		